

CAT-PD Static Form (CAT-PD-SF, v1.1)
ITEMS AND ALPHAS

Scale Name	CAT-PD Full Item Pool			CAT-PD Static Form		
	Total	IPIP	NEW	Items	Comm α	Pat α
Affective Lability	72	37	35	6	.83	.86
Anger	45	27	18	6	.83	.85
Anhedonia	40	19	21	6	.84	.89
Anxiousness	40	21	19	7	.83	.85
Callousness	46	37	9	7	.85	.83
Cognitive Problems	42	12	30	8	.82	.88
Depressiveness	58	23	35	6	.88	.88
Domineering	27	22	5	6	.83	.84
Emotional Detachment	29	24	5	7	.82	.86
Exhibitionism	52	21	31	6	.82	.83
Fantasy Proneness	26	11	15	6	.82	.83
Grandiosity	33	17	16	7	.85	.81
Health Anxiety	33	19	14	7	.84	.84
Hostile Aggression	50	14	36	8	.82	.87
Irresponsibility	44	39	5	7	.82	.85
Manipulativeness	65	31	34	6	.88	.85
Mistrust	54	15	39	6	.83	.88
Non-Perseverance	39	35	4	6	.83	.88
Non-Planfulness	42	36	6	6	.82	.84
Norm Violation	53	22	31	7	.83	.84
Peculiarity	28	11	17	5	.86	.82
Perfectionism	36	25	11	6	.81	.85
Relationship Insecurity	37	2	35	7	.84	.83
Rigidity	23	13	10	10	.77	.80
Risk Taking	52	29	23	5	.84	.84
Romantic Disinterest	30	11	19	6	.83	.89
Rudeness	31	19	12	7	.81	.80
Self Harm	52	1	51	7	.87	.86
Social Withdrawal	54	39	15	6	.83	.87
Submissiveness	44	28	16	6	.81	.85
Unusual Beliefs	25	9	16	7	.83	.84
Unusual Experiences	37	22	15	7	.84	.82
Workaholism	27	21	6	6	.83	.85
Totals	1,366	712	654	216		
<i>M</i>	41.4	21.6	19.8	6.5	.83	.85
<i>SD</i>	12.2	10.2	12.1	0.9	.02	.02

CAT-PD Scale Descriptions

Affective Lability: This scale measures the tendency to experience strong, rapid, and unpredictable shifts in emotion and mood, to have difficulty coping with both minor and major life stressors, and to act impulsively in the context of negative affect.

Anger: This scale assesses the tendency to experience and express emotions ranging from frustration and irritability to explosive temper and rage.

Anhedonia: This scale evaluates general deficits in positive emotions and energy levels. High scorers report difficulties experiencing joy and excitement, show little interest in things, and exhibit lethargy, lassitude, and psychomotor slowness.

Anxiousness: This scale measures the tendency to be generally tense, prone to worry, fearful, panicky, and to excessively anticipate or avoid situations or stimuli that are perceived as dangerous.

Callousness: This scale reflects cold-heartedness, disregard for the rights, feelings, and welfare of others, and lack of sympathy and empathy.

Cognitive Problems: This scale assesses a range of mental deficits, including memory problems, confusion, disorientation, and illogical/disorganized thoughts.

Depressiveness: This scale rates the tendency to experience feelings of sadness, melancholy, hopelessness, inferiority, shame and guilt, as well as the tendency to hold a generally negative view of oneself, the world, and the future.

Domineering: This scale reflects a general need for power and the tendency to be controlling, dominant, and forceful in interpersonal relationships.

Emotional Detachment: This scale measures the tendency to be emotionally distant and reserved, as well as difficulties in the experience, description, and expression of feelings.

Exhibitionism: This scale assesses the tendency to engage in and derive pleasure from a range of overt attention-seeking behaviors, behave in an overly flamboyant and theatrical manner characterized by exaggerated displays of emotion, and act and dress in sexually provocative ways.

Fantasy Proneness: This scale appraises the tendency to fantasize, daydream, and become fully engrossed in one's thoughts and experiences, sometimes to the extent of becoming distracted and losing sight of reality.

Grandiosity: This scale measures a mixture of arrogance and entitlement. High scorers believe they are important and superior to others, act in condescending ways, and feel they deserve special treatment and privileges.

Health Anxiety: This scale estimates the tendency to be worried about and preoccupied with one's own health and possible health problems.

Hostile Aggression: This scale reflects a pattern of hostile and violent behavior that is either instrumental (i.e., instigated by the individual to achieve a specific goal or purpose) or reactive (i.e., in response to some environmental stimulus). In addition, the scale taps the tendency to be resentful, mean-spirited, vindictive, and sadistic.

Irresponsibility: This scale measures the extent to which an individual fails to fulfill responsibilities, requirements, promises, and obligations in relationships and other important life roles (e.g., school, work).

Manipulativeness: This scale assesses a behavioral pattern of taking advantage of and exploiting others in order to achieve self-serving goals, as well as the tendency to lie, cheat, and behave in overtly or covertly dishonest ways.

Mistrust: This scale appraises the tendency to question the honesty, motives, fidelity, loyalty, and believability of others, as well as a general attitude of jaded negativity, especially a general disbelief in the integrity or professed motives of others.

Non-Perseverance: This scale is sensitive to difficulties remaining focused and engaged on tasks that may be perceived as boring, challenging, frustrating, or not enjoyable.

Non-Planfulness: This scale measures the tendency to act on whims or on the spur of the moment without planning or concern for the consequences.

Norm Violation: This scale reflects a general disregard for and active rejection of social rules and convention, a history of engaging in illegal or antisocial acts, and a pattern of disobedient and defiant behavior towards authority figures.

Peculiarity: This scale estimates the extent to which one's behavior, speech, appearance, and mannerisms are perceived as odd, unusual, or eccentric.

Perfectionism: This scale appraises the belief that any behavior or work—one's own or that of others—that is anything less than flawless is unacceptable.

Relationship Insecurity: This scale assesses an interpersonal style characterized by interpersonal insecurity, fear of abandonment by significant others, jealousy, and the tendency to anxiously expect, readily perceive, and over-react to social rejection or criticism.

Rigidity: This scale reflects an inflexible adherence to one's personal views, values, morals, and an unwillingness to consider the validity of alternative viewpoints or to change one's mind.

Risk Taking: This scale measures the tendency to pursue and enjoy activities that are stimulating, thrilling, exhilarating, and potentially dangerous.

Romantic Disinterest: This scale reflects a general lack of interest in, desire for, and enjoyment of sex, eroticism, and interpersonal intimacy.

Rudeness: This scale measures the tendency to be blunt, overly frank, interpersonally insensitive, and tactless in interpersonal communication.

Self Harm: This scale assesses a range of self-injurious thoughts, feelings, and behaviors related to both non-lethal (e.g., cutting, burning, head-banging, etc.) and lethal (e.g., suicidal ideation, intentions, and acts) means.

Social Withdrawal: This scale estimates avoidance of interpersonal interactions and a preference for being alone that is guided either by interpersonal anxiety or a genuine disinterest in interacting with others.

Submissiveness: This scale evaluates the yielding of power to others, over-accommodation of others' needs and wishes, exploitation by others, and lack of self-confidence in decision-making, often to the extent that one's own needs are ignored, minimized, or undermined.

Unusual Beliefs: This scale measures the tendency to hold unfounded and irrational thoughts, beliefs, and ideas about the world, including beliefs about the powers of oneself, others, and objects to control and influence others and the physical world.

Unusual Experiences: This scale reflects a range of unusual experiences, including perceptual distortions that do not correspond to reality as well as dissociation or detachment from reality, one's surroundings, or oneself.

Workaholism: This scale assesses a general preference for and orientation toward work relative to relationships, relaxation, and other important aspects of life, as well as an excessive focus on achievement, status, and success in life.

CAT-PD Static Form (CAT-PD-SF, v1.1)

ITEM LIST

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For the following questions, please describe yourself as you generally are now, not as you wish to be in the future. Describe yourself as you honestly see yourself, in relation to other people you know who are the same sex and roughly the same age as you. So that you can describe yourself in an honest manner, your responses will be kept in absolute confidence.

Use the following options for your responses:

1	2	3	4	5
Very	Moderately	Neither True nor	Moderately	Very
Untrue of Me	Untrue of Me	Untrue of Me	True of Me	True of Me

1. I have frequent mood swings.
2. I feel like people often are out to get something from me
3. I love to be the center of attention.
4. I am easily controlled by others in my life.
5. I care about others.
6. I sometimes get lost in my daydreams.
7. I have urges to cut myself.
8. I deserve special treatment from others.
9. I frequently get things mixed up in my head.
10. I feel my anxiety overwhelms me.
11. I feel at times that I have left my body and am somehow outside my physical self.
12. I boss people around.
13. I expect nothing less than perfection.
14. I get angry easily.
15. I am a strange person.
16. I find nothing excites me.
17. I am often out for revenge.
18. I work too much.
19. I have difficulty expressing my feelings.
20. I take advantage of others.
21. I believe I have supernatural powers.
22. I worry a lot about catching a serious illness.
23. I have always been a rule-breaker.
24. I enjoy going to social gatherings.
25. I insult people.
26. I do not like reading or hearing opinions that go against my way of thinking.
27. I love dangerous situations.
28. I am always worried that my partner is going to leave me.
29. I quickly lose interest in the tasks I start.
30. I don't think much about sex.
31. I neglect my duties.
32. I tend to feel very hopeless.
33. I do things without thinking of the consequences.

34. I lose control over my behavior when I'm emotional.
35. I feel that others are out to get me.
36. I like to stand out in a crowd.
37. I let others take advantage of me.
38. I am not a caring person.
39. I sometimes have fantasies that are overwhelming.
40. I have thoughts of injuring myself.
41. I should get special privileges.
42. I often feel like my thoughts make no sense.
43. I am nervous or tense most of the time.
44. I see strange figures or visions when nothing is really there.
45. I like having authority over others.
46. I don't consider a task finished until it's perfect.
47. I often feel overwhelmed with rage.
48. I am odd.
49. I feel that nothing seems to make me feel good.
50. I am excited to inflict pain on others.
51. I am a workaholic, with little time for fun or pleasure.
52. I think it's best to keep my emotions to myself.
53. I cheat to get ahead.
54. I can see into the future.
55. I am prone to complain about my health.
56. I get in trouble with the law.
57. I feel comfortable around people.
58. I ridicule people.
59. I find it difficult to consider as valid opinions that differ from my own.
60. I like to do frightening things.
61. I am usually convinced that my friends and romantic partners will betray me.
62. I have difficulty keeping my attention on a task.
63. I have little desire for sex or romance.
64. I follow through with my plans.
65. I am sad most of the time.
66. I act without planning.
67. I have unpredictable emotions and moods.
68. I believe that, sooner or later, people always let you down
69. I am likely to show off if I get the chance.
70. I let myself be pushed around.
71. I am a cold-hearted person.
72. I sometimes find myself in a trance-like state without trying.
73. I feel that cutting myself helps me feel better.
74. I believe that I am better than others.
75. I often space out and lose track of what's going on.
76. I panic easily.
77. I hear voices talking about me when nobody is really there.
78. I insist that others do things my way.
79. I am not happy until all the details are taken care of.
80. I get irritated easily.
81. I have been told that my behavior often is bizarre.
82. I am not a joyful person.
83. I get even with others.

84. I have noticed that I put my work ahead of too many other things.
85. I am open about my feelings.
86. I like to trick people into doing things for me.
87. I am able to read the minds of others.
88. I often am concerned about diseases I might have.
89. I am a law-abiding citizen.
90. I keep to myself even when I'm around other people.
91. I say inappropriate things.
92. I have been told that I am rigid and inflexible.
93. I get a thrill out of doing things that might kill me.
94. I get jealous easily.
95. I am easily distracted.
96. I could easily live without having sex.
97. I keep my appointments.
98. I generally focus on the negative side of things.
99. I jump into things without thinking.
100. I overreact to every little thing in life.
101. I suspect hidden motives in others.
102. I use my looks to get what I want.
103. I prefer that others make the major decisions in my life.
104. I have fixed opinions.
105. I do not care how my actions affect others.
106. I feel like my imagination can run wild.
107. I frequently have thoughts about killing myself.
108. I don't think I should have to wait in lines like others.
109. I often have disorganized thoughts.
110. I feel that my worry and anxiety is out of control.
111. I have had the feeling that I might not be human.
112. I make demands on others.
113. I set high standards for myself and others.
114. I have a violent temper.
115. I am considered to be kind of eccentric.
116. I have trouble getting interested in things.
117. I hurt people.
118. I work longer hours than most people.
119. I am not good at describing the emotions I feel throughout the day.
120. I deceive people.
121. I have the power to cast spells on others.
122. I am afraid that my life will be cut short by illness.
123. I respect authority.
124. I rarely enjoy being with people.
125. I shoot my mouth off.
126. I am often accused of being narrow-minded.
127. I would do anything to get an adrenaline rush.
128. I usually believe that my friends will abandon me.
129. I quit tasks as soon as I get bored.
130. I enjoy sexual experiences intensely.
131. I am a very reliable person.
132. I dislike myself.
133. I am a firm believer in thinking things through.

134. I know how to cope.
135. I believe that people are basically honest and good.
136. I enjoy flirting with complete strangers.
137. I let myself be directed by others.
138. I can't be bothered with others' needs.
139. I am sometimes so preoccupied with my own thoughts I don't realize others are trying to speak to me
140. I have written a suicide note.
141. I feel that others are beneath me.
142. I am easily disoriented.
143. I am generally a fearful person.
144. I have had the feeling that I was someone else.
145. I have a strong need for power.
146. I demand perfection in others.
147. I am not easily annoyed.
148. I would describe myself as a normal person.
149. I have a lot of fun.
150. I will spread false rumors as a way to hurt others.
151. I work so hard that my relationships have suffered.
152. I have difficulty showing affection.
153. I have exploited others for my own gain.
154. I can control objects with my mind.
155. I have medical problems that my doctors don't understand.
156. I have a rebellious side that gets me into trouble.
157. I do not feel close to people.
158. I have a mouth that gets me into trouble.
159. I am convinced that my way is the best way.
160. I prefer safety over risk.
161. I am paralyzed by a fear of rejection.
162. I finish what I start.
163. I see little need for romance in my life.
164. I avoid responsibilities.
165. I look at the bright side of life.
166. I make careful choices.
167. I can remain cool-headed when stressed out.
168. I am pretty trusting of others' motives.
169. I don't enjoy being in the spotlight.
170. I need others to help run my life.
171. I believe strongly that the world would be a much better place if I had my way.
172. I am not a sympathetic person.
173. I sometimes have extremely vivid pictures in my head.
174. I believe that I am always right.
175. I easily lose my train of thought.
176. I am easily startled.
177. I sometimes think the TV is talking directly to me.
178. I am known as a controlling person.
179. I strive in every way possible to be flawless.
180. I don't let little things anger me.
181. I am an energetic person.
182. I am ready to hit someone when I get angry.

183. I push myself very hard to succeed.
184. I am able to describe my feelings easily.
185. I am an honest person.
186. I use magic to ward off bad thoughts about me.
187. I worry about my health.
188. I got in trouble a lot at school.
189. I find it difficult to approach others.
190. I have a reputation for asking inappropriate questions.
191. I am inflexible when I think I'm right.
192. I am secure in my relationships.
193. I am quick to quit when the going gets tough.
194. I love the feeling of being intimately close with someone
195. I cannot be counted on to get things done.
196. I rarely feel depressed.
197. I prefer to 'live in the moment' rather than plan things out.
198. I am indifferent to the feelings of others.
199. I treat people as inferiors.
200. I have a good memory for things I've done throughout the day.
201. I rarely worry.
202. I like to start fights.
203. I am emotionally reserved.
204. I can predict the outcome of events.
205. I think that I am in good medical condition.
206. I have done many things for which I could have been (or was) arrested.
207. I find it difficult to compromise in policy debates.
208. I generally trust my partners to be faithful to me.
209. I am not a dependable person.
210. I formulate ideas clearly.
211. I enjoy a good brawl.
212. I believe that most questions have one right answer.
213. I have intentionally done myself physical harm.
214. I am known for saying offensive things.
215. I feel as if my body, or a part of it, has disappeared.
216. I have no will to live.

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QUESTIONNAIRE

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For the following questions, please describe yourself as you generally are now, not as you wish to be in the future. Describe yourself as you honestly see yourself, in relation to other people you know who are the same sex and roughly the same age as you. So that you can describe yourself in an honest manner, your responses will be kept in absolute confidence.

Use the following options for your responses:

	1	2	3	4	5
	Very	Moderately	Neither True nor	Moderately	Very
	Untrue of Me	Untrue of Me	Untrue of Me	True of Me	True of Me
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					
14.					
15.					
16.					
17.					

	1 Very Untrue of Me	2 Moderately Untrue of Me	3 Neither True nor Untrue of Me	4 Moderately True of Me	5 Very True of Me
18. I work too much.				1 2 3 4 5	
19. I have difficulty expressing my feelings.				1 2 3 4 5	
20. I take advantage of others.				1 2 3 4 5	
21. I believe I have supernatural powers.				1 2 3 4 5	
22. I worry a lot about catching a serious illness.				1 2 3 4 5	
23. I have always been a rule-breaker.				1 2 3 4 5	
24. I enjoy going to social gatherings.				1 2 3 4 5	
25. I insult people.				1 2 3 4 5	
26. I do not like reading or hearing opinions that go against my way of thinking.				1 2 3 4 5	
27. I love dangerous situations.				1 2 3 4 5	
28. I am always worried that my partner is going to leave me.				1 2 3 4 5	
29. I quickly lose interest in the tasks I start.				1 2 3 4 5	
30. I don't think much about sex.				1 2 3 4 5	
31. I neglect my duties.				1 2 3 4 5	
32. I tend to feel very hopeless.				1 2 3 4 5	
33. I do things without thinking of the consequences.				1 2 3 4 5	
34. I lose control over my behavior when I'm emotional.				1 2 3 4 5	
35. I feel that others are out to get me.				1 2 3 4 5	
36. I like to stand out in a crowd.				1 2 3 4 5	
37. I let others take advantage of me.				1 2 3 4 5	
38. I am not a caring person.				1 2 3 4 5	
39. I sometimes have fantasies that are overwhelming.				1 2 3 4 5	
40. I have thoughts of injuring myself.				1 2 3 4 5	

	1 Very Untrue of Me	2 Moderately Untrue of Me	3 Neither True nor Untrue of Me	4 Moderately True of Me	5 Very True of Me			
41. I should get special privileges.				1	2	3	4	5
42. I often feel like my thoughts make no sense.				1	2	3	4	5
43. I am nervous or tense most of the time.				1	2	3	4	5
44. I see strange figures or visions when nothing is really there.				1	2	3	4	5
45. I like having authority over others.				1	2	3	4	5
46. I don't consider a task finished until it's perfect.				1	2	3	4	5
47. I often feel overwhelmed with rage.				1	2	3	4	5
48. I am odd.				1	2	3	4	5
49. I feel that nothing seems to make me feel good.				1	2	3	4	5
50. I am excited to inflict pain on others.				1	2	3	4	5
51. I am a workaholic, with little time for fun or pleasure.				1	2	3	4	5
52. I think it's best to keep my emotions to myself.				1	2	3	4	5
53. I cheat to get ahead.				1	2	3	4	5
54. I can see into the future.				1	2	3	4	5
55. I am prone to complain about my health.				1	2	3	4	5
56. I get in trouble with the law.				1	2	3	4	5
57. I feel comfortable around people.				1	2	3	4	5
58. I ridicule people.				1	2	3	4	5
59. I find it difficult to consider as valid opinions that differ from my own.				1	2	3	4	5
60. I like to do frightening things.				1	2	3	4	5
61. I am usually convinced that my friends and romantic partners will betray me.				1	2	3	4	5
62. I have difficulty keeping my attention on a task.				1	2	3	4	5
63. I have little desire for sex or romance.				1	2	3	4	5

	1 Very Untrue of Me	2 Moderately Untrue of Me	3 Neither True nor Untrue of Me	4 Moderately True of Me	5 Very True of Me
64. I follow through with my plans.				1	2 3 4 5
65. I am sad most of the time.				1	2 3 4 5
66. I act without planning.				1	2 3 4 5
67. I have unpredictable emotions and moods.				1	2 3 4 5
68. I believe that, sooner or later, people always let you down				1	2 3 4 5
69. I am likely to show off if I get the chance.				1	2 3 4 5
70. I let myself be pushed around.				1	2 3 4 5
71. I am a cold-hearted person.				1	2 3 4 5
72. I sometimes find myself in a trance-like state without trying.				1	2 3 4 5
73. I feel that cutting myself helps me feel better.				1	2 3 4 5
74. I believe that I am better than others.				1	2 3 4 5
75. I often space out and lose track of what's going on.				1	2 3 4 5
76. I panic easily.				1	2 3 4 5
77. I hear voices talking about me when nobody is really there.				1	2 3 4 5
78. I insist that others do things my way.				1	2 3 4 5
79. I am not happy until all the details are taken care of.				1	2 3 4 5
80. I get irritated easily.				1	2 3 4 5
81. I have been told that my behavior often is bizarre.				1	2 3 4 5
82. I am not a joyful person.				1	2 3 4 5
83. I get even with others.				1	2 3 4 5
84. I have noticed that I put my work ahead of too many other things.				1	2 3 4 5
85. I am open about my feelings.				1	2 3 4 5
86. I like to trick people into doing things for me.				1	2 3 4 5

	1 Very Untrue of Me	2 Moderately Untrue of Me	3 Neither True nor Untrue of Me	4 Moderately True of Me	5 Very True of Me
87. I am able to read the minds of others.	1	2	3	4	5
88. I often am concerned about diseases I might have.	1	2	3	4	5
89. I am a law-abiding citizen.	1	2	3	4	5
90. I keep to myself even when I'm around other people.	1	2	3	4	5
91. I say inappropriate things.	1	2	3	4	5
92. I have been told that I am rigid and inflexible.	1	2	3	4	5
93. I get a thrill out of doing things that might kill me.	1	2	3	4	5
94. I get jealous easily.	1	2	3	4	5
95. I am easily distracted.	1	2	3	4	5
96. I could easily live without having sex.	1	2	3	4	5
97. I keep my appointments.	1	2	3	4	5
98. I generally focus on the negative side of things.	1	2	3	4	5
99. I jump into things without thinking.	1	2	3	4	5
100. I overreact to every little thing in life.	1	2	3	4	5
101. I suspect hidden motives in others.	1	2	3	4	5
102. I use my looks to get what I want.	1	2	3	4	5
103. I prefer that others make the major decisions in my life.	1	2	3	4	5
104. I have fixed opinions.	1	2	3	4	5
105. I do not care how my actions affect others.	1	2	3	4	5
106. I feel like my imagination can run wild.	1	2	3	4	5
107. I frequently have thoughts about killing myself.	1	2	3	4	5
108. I don't think I should have to wait in lines like others.	1	2	3	4	5
109. I often have disorganized thoughts.	1	2	3	4	5
110. I feel that my worry and anxiety is out of control.	1	2	3	4	5

	1 Very Untrue of Me	2 Moderately Untrue of Me	3 Neither True nor Untrue of Me	4 Moderately True of Me	5 Very True of Me
111. I have had the feeling that I might not be human.	1	2	3	4	5
112. I make demands on others.	1	2	3	4	5
113. I set high standards for myself and others.	1	2	3	4	5
114. I have a violent temper.	1	2	3	4	5
115. I am considered to be kind of eccentric.	1	2	3	4	5
116. I have trouble getting interested in things.	1	2	3	4	5
117. I hurt people.	1	2	3	4	5
118. I work longer hours than most people.	1	2	3	4	5
119. I am not good at describing the emotions I feel throughout the day.	1	2	3	4	5
120. I deceive people.	1	2	3	4	5
121. I have the power to cast spells on others.	1	2	3	4	5
122. I am afraid that my life will be cut short by illness.	1	2	3	4	5
123. I respect authority.	1	2	3	4	5
124. I rarely enjoy being with people.	1	2	3	4	5
125. I shoot my mouth off.	1	2	3	4	5
126. I am often accused of being narrow-minded.	1	2	3	4	5
127. I would do anything to get an adrenaline rush.	1	2	3	4	5
128. I usually believe that my friends will abandon me.	1	2	3	4	5
129. I quit tasks as soon as I get bored.	1	2	3	4	5
130. I enjoy sexual experiences intensely.	1	2	3	4	5
131. I am a very reliable person.	1	2	3	4	5
132. I dislike myself.	1	2	3	4	5
133. I am a firm believer in thinking things through.	1	2	3	4	5

	1 Very Untrue of Me	2 Moderately Untrue of Me	3 Neither True nor Untrue of Me	4 Moderately True of Me	5 Very True of Me
134. I know how to cope.				1 2 3 4 5	
135. I believe that people are basically honest and good.				1 2 3 4 5	
136. I enjoy flirting with complete strangers.				1 2 3 4 5	
137. I let myself be directed by others.				1 2 3 4 5	
138. I can't be bothered with others' needs.				1 2 3 4 5	
139. I am sometimes so preoccupied with my own thoughts I don't realize others are trying to speak to me.				1 2 3 4 5	
140. I have written a suicide note.				1 2 3 4 5	
141. I feel that others are beneath me.				1 2 3 4 5	
142. I am easily disoriented.				1 2 3 4 5	
143. I am generally a fearful person.				1 2 3 4 5	
144. I have had the feeling that I was someone else.				1 2 3 4 5	
145. I have a strong need for power.				1 2 3 4 5	
146. I demand perfection in others.				1 2 3 4 5	
147. I am not easily annoyed.				1 2 3 4 5	
148. I would describe myself as a normal person.				1 2 3 4 5	
149. I have a lot of fun.				1 2 3 4 5	
150. I will spread false rumors as a way to hurt others.				1 2 3 4 5	
151. I work so hard that my relationships have suffered.				1 2 3 4 5	
152. I have difficulty showing affection.				1 2 3 4 5	
153. I have exploited others for my own gain.				1 2 3 4 5	
154. I can control objects with my mind.				1 2 3 4 5	
155. I have medical problems that my doctors don't understand.				1 2 3 4 5	
156. I have a rebellious side that gets me into trouble.				1 2 3 4 5	

	1	2	3	4	5
	Very Untrue of Me	Moderately Untrue of Me	Neither True nor Untrue of Me	Moderately True of Me	Very True of Me
157. I do not feel close to people.				1	2 3 4 5
158. I have a mouth that gets me into trouble.				1	2 3 4 5
159. I am convinced that my way is the best way.				1	2 3 4 5
160. I prefer safety over risk.				1	2 3 4 5
161. I am paralyzed by a fear of rejection.				1	2 3 4 5
162. I finish what I start.				1	2 3 4 5
163. I see little need for romance in my life.				1	2 3 4 5
164. I avoid responsibilities.				1	2 3 4 5
165. I look at the bright side of life.				1	2 3 4 5
166. I make careful choices.				1	2 3 4 5
167. I can remain cool-headed when stressed out.				1	2 3 4 5
168. I am pretty trusting of others' motives.				1	2 3 4 5
169. I don't enjoy being in the spotlight.				1	2 3 4 5
170. I need others to help run my life.				1	2 3 4 5
171. I believe strongly that the world would be a much better place if I had my way.				1	2 3 4 5
172. I am not a sympathetic person.				1	2 3 4 5
173. I sometimes have extremely vivid pictures in my head.				1	2 3 4 5
174. I believe that I am always right.				1	2 3 4 5
175. I easily lose my train of thought.				1	2 3 4 5
176. I am easily startled.				1	2 3 4 5
177. I sometimes think the TV is talking directly to me.				1	2 3 4 5
178. I am known as a controlling person.				1	2 3 4 5
179. I strive in every way possible to be flawless.				1	2 3 4 5

	1 Very Untrue of Me	2 Moderately Untrue of Me	3 Neither True nor Untrue of Me	4 Moderately True of Me	5 Very True of Me
180. I don't let little things anger me.				1 2 3 4 5	
181. I am an energetic person.				1 2 3 4 5	
182. I am ready to hit someone when I get angry.				1 2 3 4 5	
183. I push myself very hard to succeed.				1 2 3 4 5	
184. I am able to describe my feelings easily.				1 2 3 4 5	
185. I am an honest person.				1 2 3 4 5	
186. I use magic to ward off bad thoughts about me.				1 2 3 4 5	
187. I worry about my health.				1 2 3 4 5	
188. I got in trouble a lot at school.				1 2 3 4 5	
189. I find it difficult to approach others.				1 2 3 4 5	
190. I have a reputation for asking inappropriate questions.				1 2 3 4 5	
191. I am inflexible when I think I'm right.				1 2 3 4 5	
192. I am secure in my relationships.				1 2 3 4 5	
193. I am quick to quit when the going gets tough.				1 2 3 4 5	
194. I love the feeling of being intimately close with someone				1 2 3 4 5	
195. I cannot be counted on to get things done.				1 2 3 4 5	
196. I rarely feel depressed.				1 2 3 4 5	
197. I prefer to 'live in the moment' rather than plan things out.				1 2 3 4 5	
198. I am indifferent to the feelings of others.				1 2 3 4 5	
199. I treat people as inferiors.				1 2 3 4 5	
200. I have a good memory for things I've done throughout the day.				1 2 3 4 5	
201. I rarely worry.				1 2 3 4 5	
202. I like to start fights.				1 2 3 4 5	
203. I am emotionally reserved.				1 2 3 4 5	

	1 Very Untrue of Me	2 Moderately Untrue of Me	3 Neither True nor Untrue of Me	4 Moderately True of Me	5 Very True of Me
204. I can predict the outcome of events.				1	2 3 4 5
205. I think that I am in good medical condition.				1	2 3 4 5
206. I have done many things for which I could have been (or was) arrested.				1	2 3 4 5
207. I find it difficult to compromise in policy debates.				1	2 3 4 5
208. I generally trust my partners to be faithful to me.				1	2 3 4 5
209. I am not a dependable person.				1	2 3 4 5
210. I formulate ideas clearly.				1	2 3 4 5
211. I enjoy a good brawl.				1	2 3 4 5
212. I believe that most questions have one right answer.				1	2 3 4 5
213 I have intentionally done myself physical harm.				1	2 3 4 5
214 I am known for saying offensive things.				1	2 3 4 5
215 I feel as if my body, or a part of it, has disappeared.				1	2 3 4 5
216 I have no will to live.				1	2 3 4 5

CAT-PD Static Form (CAT-PD-SF, v1.1)

ITEMS BY SCALE

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SF#	CAT#	Item Text
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Affective Lability

1	1558	Have frequent mood swings.
34	1946	Lose control over my behavior when I'm emotional.
67	1719	Have unpredictable emotions and moods.
100	2167	Overreact to every little thing in life.
134	1797	Know how to cope. (RK)
167	682	Can remain cool-headed when stressed out. (RK)

Anger

14	1328	Get angry easily.
47	2113	Often feel overwhelmed with rage.
80	1356	Get irritated easily.
114	1468	Have a violent temper.
147	299	Am not easily annoyed. (RK)
180	998	Don't let little things anger me. (RK)

Anhedonia

16	1264	Find nothing excites me.
49	1208	Feel that nothing seems to make me feel good.
82	278	Am not a joyful person.
116	1714	Have trouble getting interested in things.
149	1451	Have a lot of fun. (RK)
181	140	Am an energetic person. (RK)

Anxiousness

10	1155	Feel my anxiety overwhelms me.
43	264	Am nervous or tense most of the time.
76	2170	Panic easily.
110	1206	Feel that my worry and anxiety is out of control.
143	219	Am generally a fearful person.
176	204	Am easily startled.
201	2289	Rarely worry. (RK)

Callousness

5	744	Care about others. (RK)
38	274	Am not a caring person.
71	63	Am a cold-hearted person.
105	864	Do not care how my actions affect others.
138	701	Can't be bothered with others' needs.
172	280	Am not a sympathetic person.
198	243	Am indifferent to the feelings of others.

SF#	CAT#	Item Text
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Cognitive Problems

9	1303	Frequently get things mixed up in my head.
42	2111	Often feel like my thoughts make no sense.
75	2078	Often space out and lose track of what's going on.
109	2129	Often have disorganized thoughts.
142	189	Am easily disoriented.
175	1022	Easily lose my train of thought.
200	1442	Have a good memory for things I've done throughout the day. (RK)
210	1298	Formulate ideas clearly. (RK)

Depressiveness

32	2519	Tend to feel very hopeless.
65	398	Am sad most of the time.
98	1315	Generally focus on the negative side of things.
132	834	Dislike myself.
165	1938	Look at the bright side of life. (RK)
196	2268	Rarely feel depressed. (RK)

Domineering

12	639	Boss people around.
45	1869	Like having authority over others.
78	1752	Insist that others do things my way.
112	2005	Make demands on others.
145	1466	Have a strong need for power.
178	251	Am known as a controlling person.

Emotional Detachment

19	1533	Have difficulty expressing my feelings.
52	2535	Think it's best to keep my emotions to myself.
85	358	Am open about my feelings. (RK)
119	309	Am not good at describing the emotions I feel throughout the day.
152	1537	Have difficulty showing affection.
184	108	Am able to describe my feelings easily. (RK)
203	209	Am emotionally reserved.

Exhibitionism

3	1971	Love to be the center of attention.
36	1913	Like to stand out in a crowd.
69	258	Am likely to show off if I get the chance.
102	2623	Use my looks to get what I want.
136	1045	Enjoy flirting with complete strangers.
169	921	Don't enjoy being in the spotlight. (RK)

SF#	CAT#	Item Text
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Fantasy Proneness

6	2414	Sometimes get lost in my daydreams.
39	2424	Sometimes have fantasies that are overwhelming.
72	2411	Sometimes find myself in a trance-like state without trying.
106	1149	Feel like my imagination can run wild.
139	412	Am sometimes so preoccupied with my own thoughts I don't realize others are trying to speak to me.
173	2416	Sometimes have extremely vivid pictures in my head.

Grandiosity

8	816	Deserve special treatment from others.
41	2385	Should get special privileges.
74	570	Believe that I am better than others.
108	980	Don't think I should have to wait in lines like others.
141	1211	Feel that others are beneath me.
174	569	Believe that I am always right.
199	2572	Treat people as inferiors.

Health Anxiety

22	2748	Worry a lot about catching a serious illness.
55	375	Am prone to complain about my health.
88	2080	Often am concerned about diseases I might have.
122	121	Am afraid that my life will be cut short by illness.
155	1616	Have medical problems that my doctors don't understand.
187	2751	Worry about my health.
205	2547	Think that I am in good medical condition. (RK)

Hostile Aggression

17	345	Am often out for revenge.
50	214	Am excited to inflict pain on others.
83	1346	Get even with others.
117	1743	Hurt people.
150	2718	Will spread false rumors as a way to hurt others.
182	393	Am ready to hit someone when I get angry.
202	1914	Like to start fights.
211	1031	Enjoy a good brawl.

Irresponsibility

31	2053	Neglect my duties.
64	1291	Follow through with my plans. (RK)
97	1771	Keep my appointments. (RK)
131	103	Am a very reliable person. (RK)
164	511	Avoid responsibilities.
195	734	Cannot be counted on to get things done.
209	275	Am not a dependable person.

SF#	CAT#	Item Text
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Manipulativeness

20	2466	Take advantage of others.
53	752	Cheat to get ahead.
86	1921	Like to trick people into doing things for me.
120	800	Deceive people.
153	1550	Have exploited others for my own gain.
185	144	Am an honest person. (RK)

Mistrust

2	1152	Feel like people often are out to get something from me.
35	1212	Feel that others are out to get me.
68	628	Believe that, sooner or later, people always let you down.
101	2460	Suspect hidden motives in others.
135	604	Believe that people are basically honest and good. (RK)
168	371	Am pretty trusting of others' motives. (RK)

Non-Perseverance

29	2253	Quickly lose interest in the tasks I start.
62	1535	Have difficulty keeping my attention on a task.
95	191	Am easily distracted.
129	2256	Quit tasks as soon as I get bored.
162	1279	Finish what I start. (RK)
193	382	Am quick to quit when the going gets tough.

Non-Planfulness

33	901	Do things without thinking of the consequences.
66	34	Act without planning.
99	1761	Jump into things without thinking.
133	70	Am a firm believer in thinking things through. (RK)
166	1998	Make careful choices. (RK)
197	2205	Prefer to 'live in the moment' rather than plan things out.

Norm Violation

23	1470	Have always been a rule-breaker.
56	1353	Get in trouble with the law.
89	81	Am a law-abiding citizen. (RK)
123	2319	Respect authority. (RK)
156	1459	Have a rebellious side that gets me into trouble.
188	1415	Got in trouble a lot at school.
206	1541	Have done many things for which I could have been (or was) arrested.

SF#	CAT#	Item Text
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Peculiarity

15	99	Am a strange person.
48	328	Am odd.
81	1517	Have been told that my behavior often is bizarre.
115	166	Am considered to be kind of eccentric.
148	2768	Would describe myself as a normal person. (RK)

Perfectionism

13	1084	Expect nothing less than perfection.
46	918	Don't consider a task finished until it's perfect.
79	315	Am not happy until all the details are taken care of.
113	2379	Set high standards for myself and others.
146	807	Demand perfection in others.
179	2456	Strive in every way possible to be flawless.

Relationship Insecurity

28	137	Am always worried that my partner is going to leave me.
61	447	Am usually convinced that my friends and romantic partners will betray me.
94	1357	Get jealous easily.
128	2626	Usually believe that my friends will abandon me.
161	365	Am paralyzed by a fear of rejection.
192	400	Am secure in my relationships. (RK)
208	1319	Generally trust my partners to be faithful to me. (RK)

Rigidity

26	873	Do not like reading or hearing opinions that go against my way of thinking.
59	1243	Find it difficult to consider as valid opinions that differ from my own.
92	1508	Have been told that I am rigid and inflexible.
104	1555	Have fixed opinions.
126	329	Am often accused of being narrow-minded.
159	173	Am convinced that my way is the best way.
171	552	Believe strongly that the world would be a much better place if I had my way.
191	245	Am inflexible when I think I'm right.
207	1242	Find it difficult to compromise in policy debates.
212	595	Believe that most questions have one right answer.

Risk Taking

27	1956	Love dangerous situations.
60	1891	Like to do frightening things.
93	1324	Get a thrill out of doing things that might kill me.
127	2769	Would do anything to get an adrenaline rush.
160	2200	Prefer safety over risk. (RK)

SF#	CAT#	Item Text
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Romantic Disinterest

30	982	Don't think much about sex.
63	1601	Have little desire for sex or romance.
96	784	Could easily live without having sex.
130	1061	Enjoy sexual experiences intensely. (RK)
163	2342	See little need for romance in my life.
194	1968	Love the feeling of being intimately close with someone. (RK)

Rudeness

25	1753	Insult people.
58	2328	Ridicule people.
91	2332	Say inappropriate things.
125	2383	Shoot my mouth off.
158	1454	Have a mouth that gets me into trouble.
190	1460	Have a reputation for asking inappropriate questions.
214	2855	I am known for saying offensive things.

Self Harm

7	1721	Have urges to cut myself.
40	1695	Have thoughts of injuring myself.
73	1175	Feel that cutting myself helps me feel better.
107	1304	Frequently have thoughts about killing myself.
140	1728	Have written a suicide note.
213	1594	I have intentionally done myself physical harm.
216	1643	I have no will to live.

Social Withdrawal

24	1048	Enjoy going to social gatherings. (RK)
57	1118	Feel comfortable around people. (RK)
90	1790	Keep to myself even when I'm around other people.
124	2266	Rarely enjoy being with people.
157	868	Do not feel close to people.
189	1241	Find it difficult to approach others.

Submissiveness

4	185	Am easily controlled by others in my life.
37	1855	Let others take advantage of me.
70	1843	Let myself be pushed around.
103	2202	Prefer that others make the major decisions in my life.
137	1841	Let myself be directed by others.
170	2046	Need others to help run my life.

SF#	CAT#	Item Text
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Unusual Beliefs

21	534	Believe I have supernatural powers.
54	683	Can see into the future.
87	111	Am able to read the minds of others.
121	1692	Have the power to cast spells on others.
154	658	Can control objects with my mind.
186	2619	Use magic to ward off bad thoughts about me.
204	681	Can predict the outcome of events.

Unusual Experiences

11	1114	Feel at times that I have left my body and am somehow outside my physical self.
44	2348	See strange figures or visions when nothing is really there.
77	1731	Hear voices talking about me when nobody is really there.
111	1579	Have had the feeling that I might not be human.
144	1580	Have had the feeling that I was someone else.
177	2426	Sometimes think the TV is talking directly to me.
215	1112	I feel as if my body, or a part of it, has disappeared.

Workaholism

18	2746	Work too much.
51	105	Am a workaholic, with little time for fun or pleasure.
84	1647	Have noticed that I put my work ahead of too many other things.
118	2742	Work longer hours than most people.
151	2745	Work so hard that my relationships have suffered.
183	2240	Push myself very hard to succeed.

Note. SF # = static form item number; CAT # = CAT-PD item number; RK = reverse-keyed. SF scales are scored by averaging raw item responses within each scale. RK item responses must be reversed prior to averaging (i.e., keyed = 6 - raw).